

Speak Up For Safety



Community
Integrated
Care

Colleague Resource

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Everyone has the right to feel safe in their community



Speak Up For Safety

- This resource will provide you with helpful information on how you and the people you support can stay safe in your communities, recognise hate crime and report criminal activity.
- This information should be embedded in your day-to-day work and shared with the people you support, especially those who access the community independently and those who are on the pathway to increasing their community independence.

Forms of Hate Crime

Hate crimes can come in many different forms, such as:

- Physical Violence, where a person we support is harmed.
- Threats or threatening behaviour towards a person we support.
- Bullying and name calling.
- Damaging the property of a person we support.
- Harassment, both in person and online. This could be text messages, WhatsApp groups or social media.

All because of a person's race, religion, sexual orientation, gender identity or disability.

'Fake Friends' and How to Spot the Signs

- People we support can sometimes find it harder to identify fake friends from real friends.
- A fake friend can be anyone, such as family members, support workers or housemates.
- Fake friends might take advantage of people who access care and support such as borrowing their possessions and not returning them, make them pay for food and drink or shopping, or borrow their phone and use all the credit.
- There are some tell tale signs that the person you support might be a victim of mate crime:
 - Is there a change in their behaviour, mood or routine?
 - Do they have any visible, unexplained injuries?
 - Are they missing any money or possessions?
 - Is their house unexplainably messy. This could be evidence that someone has used their home as a social/party venue.

How to report a crime - England & Wales

Non-emergency

For minor crimes or incidents:

 **Call 101**

 www.police.co.uk

 crimestoppers-uk.org

Emergency:

 **Call 999**

 **Text 999**
(but make sure you register first)

 **Download 999BSL app**



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How to report a crime - Scotland

Non-emergency

For minor crimes or incidents:

 **Call 101**


 Scotland.police.uk
Crimestoppers-uk.org

 **Download 'Keep Safe Scotland' app**

Emergency:

 **Call 999**

 **Text 999**
(but make sure you register first)

 **Download 999BSL app**

How to Report a Crime – Non-emergency

- In a non-emergency we can call 101 and speak to someone over the phone. This service is available 24 hours a day, 7 days a week.
- This might be that – for example – you want to give the police information about crime or anti-social behaviour in the area. Are there gangs in your community that make you or the person you support feel uncomfortable. Have they been stealing or damaging property? Is a person you support being harassed?

Non-emergency Additional Information

- Using the non-emergency contact details helps to reduce the pressure on the 999 emergency system. The 101 non-emergency contact number is available 24 hours a day, 7 days a week.
- Visit the Police website - www.police.uk or www.scotland.police.uk - here you complete a form to report the crime or in some cases you can speak to an officer on a 'live chat' function.
- There is a non-emergency textphone service for people with hearing or speech impairments on 18001 101.
- Or report anonymously on www.crimestoppers-uk.org.
- In Scotland you can download the 'Keep Safe Scotland' App. The app identifies a network of safe places approved by Police Scotland for disabled or vulnerable people to use to seek assistance if required.

How to Report a Crime – Emergency

- It is important to remember that 999 is the number you call if it is an emergency. Such as, if there is an immediate threat of violence or if there is a serious injury to a person.
- You can register your phone to enable you to text 999 rather than call. But make sure you register your phone first. To do this text 'Register' to 999 and you should receive a reply with further instructions. *(Please note: if you use this service in an emergency and don't receive a response, please use an alternative service to make sure you speak to someone who can help).*
- People who have hearing impairments can download the UK's first 999 British Sign Language App. This is an emergency video relay service for deaf people. The user simply needs to open the app once it is downloaded, press the red button to call and then you will be connected to a BSL interpreter who will relay the emergency call to the emergency services.

Top Tips When Contacting the Police

- Contacting the Police to report a crime or incident can be quite a daunting task, especially if you have been the victim.
- There are common questions asked by the Police that you can help the person you support prepare for, this can help ease any anxieties they might have.
- Remind the person you're supporting that they might need to let the Police know who they are. Where and when the incident happened? What happened to them and if anyone else was there? How are they feeling now?



Top Tips to Stay Safe

- Here are some useful tips to pass on to the people we support.
- These will help them remember an incident and be able to get help from their support team or the Police.

- There are different ways our own TEC team can support people to feel safer – to find out more, follow the link to complete a quick form - [Community Integrated Care Service Enquiry \(office.com\)](#)



Keep hold
of evidence



Make a note



Access
assistance
from your
support team



Report to the
Police in the
safest way
possible



Let the Police
know that
you have a
support need